The Prayer Notebook has given me several opportunities to be used as a tool to encourage others to pray more specifically. I have done 3 different workshops in varying settings, and have used it several times discipling young ladies one on one.

The first time I did a "Prayer Notebook Workshop" was after I taught a quarter on the subject of prayer in our ladies Sunday School class. I opened the workshop for anyone who was interested. We had 14 ladies attend, from college students to senior saints! I shared a review of what we had learned in class and then with The Prayer Notebook Samples in hand, we went through "Pray About Your Praying".

Pray about your Praying

I always read this, or have those in attendance help read through each day's prayer. The reason I do this is because I feel this is what sets this notebook apart from all others. And to be honest this is foreign to everyone, it was to me. Who prays about praying? The looks on everyone's face always asks this question. So going through this is very important. We then go over the different ways you can set up the notebook, answer questions, encourage, and warn. Yes, warn. I warn the ladies they are entering into a battle. Prayer is hard. Prayer is work and Satan isn't going to make this easy. I encourage them to pray on each piece of the spiritual armor everyday (Ephesians 6).

Prayer is so lacking in our churches and personal lives. It is a burden of my heart that Christians understand and realize the importance of communicating with our Heavenly Father. I have not perfected this, I have not arrived. It is a battle everyday! But what a blessing The Prayer Notebook system has been. It certainly makes it easier to go to my Father with the burdens and requests that are on my heart!